

# Symptoms of bowel cancer

Changes in your normal bowel habits or blood in your poo could be signs of cancer. These can also be symptoms of other conditions so it is important to get these checked by your GP.

Bleeding from the back passage (Rectum) or blood in your poo



A change in your normal bowel habit, such as looser poo, pooping more often or constipation

A lump that your doctor can feel in your back passage or abdomen, commonly known to be on the right side or pain in those areas



A feeling of needing to strain in your back passage as if you may need to poo, even after opening your bowels

Tiredness, breathlessness (caused by lower levels of red blood cells) and weight loss



Sometimes cancer can block the bowel and this is called bowel obstruction. Symptoms include cramping pains in the abdomen, feeling bloated, constipation, unable to pass wind and being sick.

Bowel obstruction is serious! You should contact your doctor or to A&E if you have these symptoms